Caries Prevention Strategies

Ranking of Evidence Supporting Caries Prevention Strategies

Fluoride (highly effective in all forms)
- Water fluoridation
- Professionally applied
- Home delivery

Sealants (highly effective if applied correctly)

Salivary stimulation
- Chewing gum

Diet modification
- Behavioral
- Protective food additives

Antimicrobial
- Non-specific
- Targeted

Non-fluoride remineralizing strategies

For more information: White Paper on Caries Prevention and Management http://tinyurl.com/hqwk56t